



Brothers of Charity Services

working in partnership for positive lives in England



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Time For You



Join our Holistic Therapy team at Lisieux Hall for some 'Time For You' on Monday 14th June from 1pm till 4pm.

Take some time out your day to enjoy a relaxing treatment in the beautiful therapy room at the Radius Centre, from our registered provider Liz Keeble. Liz will be offering the following treatments to staff on a complimentary basis:

- Aromatherapy Massage
- Deep Tissue Massage
- Indian Head Massage
- Reflexology
- Reiki

Booking is required.

To book your 30 minute slot please contact Liz Keeble for more information:

liz.keeble@caritase.org.uk