

Brothers of Charity Services in Lancashire

## Health and Wellbeing Day





We are holding a Health and Wellbeing Day on Friday 31st March 2017 at Lisieux Hall.

The event will begin at 10am and finish at 2pm.



We will have a range of health and wellbeing related stalls in the Training Room from 10am.



Our Red Nose Day Football Tournament will start at 11am. It will feature four teams from our Lancashire Services.

## **Exhibitors**

- Medicash
- Quit Squad
- BOC stand
- More to be confirmed!

The event is free to attend. Everyone is welcome to come along and join us!