

Brothers of Charity Services in the North West

Health and Wellbeing Day





We are holding a Health and Wellbeing Day on 24th March 2017 at Thingwall Hall.

The event will begin at 10am and finish at 2pm.



We will have a range of health and wellbeing related stalls in The Chapel from 10am.



Our Red Nose Day Football Tournament will start at 11am. It will feature four teams from our Merseyside and Greater Manchester Services.



At 12pm Liverpool John Moores University will be facilitating an inclusive sports session for everyone to join in with!

Exhibitors

- Smoke Free Liverpool
- •Whisc (Women's Health and Information)
- Sexual Health
- •2 Therapists (indian head massage, hand massage and manicure)
- •Health MOT's

- •Free 5-a-day bags of fruit
- •CHATS Alcohol Awareness
- Medicash
- BOCS Stand
- Roby College Beauty Therapists
- Be Yoga

The event is free to attend. Everyone is welcome to come along and join us!

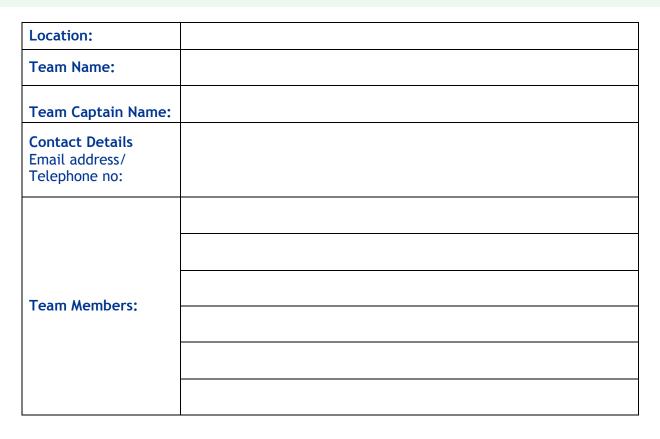


The Brothers of Charity Services in England are holding a

5-A-SIDE FOOTBALL TOURNAMENT

On Friday 24th March at 11am at Thingwall Hall.

Are you interested in taking part? Sign up yourself or as a team!



Please return sign up sheets to Reception at Thingwall Hall by Friday 10th March.

Please note that there will be a limit of 4 teams per tournament

For more information about the tournament please contact the Marketing Team.

Email: marketing@brothersofcharity.org.uk