

CE N

## Health & Wellbeing Calendar of Events 2021/2022

Month	Date	Event
April 2021	2 <sup>nd</sup> April	- World Autism Awareness Day
May 2021	17 <sup>th</sup> – 23rd May	- Dementia Awareness Week
June 2021	1 <sup>st</sup> – 7 <sup>th</sup> June	-National Volunteers Week
	14 <sup>th</sup> – 20 <sup>th</sup> June	- Diabetes Awareness Week
	7 <sup>th</sup> -13 <sup>th</sup> June	- National Carers week
	14 <sup>th</sup> – 20 <sup>th</sup> June	- Learning Disability Awareness
		Week
July 2021	All month	- Medicash / Staff Benefits
August 2021	All month	- Sun Care
	All month	- BBQ Safety
September 2021	All month	- World Alzheimer's month
	25 <sup>th</sup> September	- MacMillan Coffee Morning
	22 <sup>nd</sup> September	- National Fitness Day
October 2021	All month	- Breast Cancer Awareness Month
	All month	- Stoptober
	10 <sup>th</sup> October	- World Mental Health Day
	18 <sup>th</sup> October	- Anti Slavery Day
	All month	- Winter/Flu Jab promotion
November 2021	All month	- Movember (Men's Health)
	13 <sup>th</sup> November	- Children in Need
	11 <sup>th</sup> – 16 <sup>th</sup> November	- Alcohol Awareness Week
December 2021	2 <sup>nd</sup> -7 <sup>th</sup> December	- Grief Awareness Week
	TBC	- Christmas Fair /Santa Stroll
	10 <sup>th</sup> December	- Christmas Jumper Day
	All month	- Festive H&S Briefing
January 2022	ТВС	- Debt Awareness Week
February 2022	1 <sup>st</sup> February	- Dignity Action Day
	7 <sup>th</sup> February	-Time to Talk
	TBC	-Apprentice Week
March 2022	10 <sup>th</sup> March	- No Smoking Day
	TBC	- Sports Relief
	20 <sup>th</sup> March	- World Oral Health Day
	20 <sup>st</sup> March	- Downs Syndrome Awareness
		Day National Complementary Therapy
	ТВС	Week
Decade of Health &	disability	INVESTORS Gold